



2026 Festival of Quilts

10–12 July | Adelaide Showgrounds
in association with CraftAlive

**Community Project –
We would like your help
please!**

Create a Tactile Quilt, or “fiddle” mat, measuring 50cm x 50cm (20” x 20”)

Tips for making a tactile quilt

For babies to seniors: it’s about colour and texture
Stimulating the mind and building dexterity and hand strength

- △ Use textured fabrics
- △ Make scrap squares 6 ½” and join them with or without sashing strips, or, create a random design. You can add your scrap ribbon, braid, zip, buttons etc
- △ Use cotton or flannel backing, which is not so slippery
- △ Add thin wadding between layers
- △ No binding needed – just sewn seams
- △ Use bright, fun colours
- △ SECURE everything, then do it again



Loops of ribbon or cord	Studs	Zips -decorative stitching around it	Belt & buckle	Lace
Velcro	Elastic	Shirt front (button & button hole)	Rings over ribbon	Fur
Sequin fabric	Shiny	Pocket – with attached toy inside	Crunchy	Velvet
Buttons	Minkey	Net - with loose items under it	Shoelace and eyelets	Hair ties
Thread spools	Fringing	Suede or upholstery fabric	Toy squeaker	Slippery
Rope	Keys	Beads – big or small	Hessian	Felt
Shirred	Pleated	Crinkly plastic (food grade) from a cereal bag	And so many more options ...	

Have fun with it.

The donated tactile quilts will be provided to families of children who are supported by SASSVI (South Australian School for Vision Impaired) - from birth to leaving school.

At the end of the exhibition SA Quilters may also donate some to other organisations, including aged care.