

MONTH THREE – BORDER 2, PIECED 4" BLOCKS 6-10 – July

BLOCK 7

This block is called *Twin Sisters* and will be 4" square finished. Make two of this block. I made two blocks at once, both aqua, but with different aqua fabrics.

Fabric requirements for Block 7

This block requires three fabrics, I chose the background and two different aqua fabrics

- A is aqua with flowers
- B is background
- C is aqua with lines



Cutting

- A – aqua with flowers – cut 2 x 3¼" squares, cross cut corner to corner twice = 8 triangles. You will only need 6 of these
- B – background – cut 1 x 3¼" square, cross cut corner to corner twice = 4 triangles
- C – aqua with lines – cut 2 x 3¼" squares, cross cut corner to corner twice = 8 triangles. You will only need 6 of these

Construction

- Lay the elements of the block out as shown on the right
- We will start with the corners. Lay a B background triangle right sides together with an A aqua with flowers corner triangle, matching all sides. Do the same with the second A corner triangle and second B corner triangle, plus the two corner C aqua with lines triangles and the two remaining B corner triangles, below left.
- Do the same with an A aqua with flowers centre triangle and a centre C aqua with lines triangle, matching all sides as before, repeat with the second A and C triangles, below left.
- Stitch together starting at the 90° corner making sure when they open out they will be correct. Press seams open and lay the pieces back in place, below right.



- Join the two A/C parts of the centre square together matching the seams, below left. Lay the square created back into position.
- We now have a square in a square block to construct. Attach an A triangle to opposite sides of the centre A/C square. Finger press the long side of A and the side of the centre square then line these up and stitch in place. The ends of A will extend beyond the edge of the square, below centre. Then attach the remaining A triangles to the remaining two sides of the centre A/C square, below right.
- Repeat with the remaining A/B and C/B corner squares, making sure to line up the seams correctly.



The two blocks are now complete and will measure 4½" square and will be 4" square finished, when sewn into the quilt.

Put aside until month 8, December.